

**VALLEY COUNTY
COUNCIL ON AGING**

MEETING AGENDA

DATE: JANUARY 21ST 2026

LOCATION: GLASGOW SENIOR CENTER

TIME: 2:00 PM

- I. Call meeting to order---- Joyce Morehouse

Introduction

Determine Quorum

Approve minutes from NOVEMBER 19TH, 2025

- II. Reports:

AEM—Lisa Baxter

SENIOR CENTER AND COMMUNITY REPORTS

Nashua—Gloria Wessler

Hinsdale—Joyce English

Opheim---- Terry Risa

Glasgow----Sharon Baillargeon

Fort peck----- Sherri Turner

COMMISSIONER REPORT:

Jeff Alsberg

COORDINATOR REPORT:

Joyce Morehouse

III. Old Business:

Delivery of home meals

Thanksgiving Dinner Nov. 27th 12-2pm

Commodities

IV. New Business:

1: LEARNNG PROGRAMS FOR SENIORS:

1: Exercise classes: Sail

2: Mental

3: Emotional

4: financial

5: safety

6: Nutrition

2: EMERGENCY MEALS:

V. Date and time for next meeting: March 18th 2026 2:00PM